

Treasure Valley Ballet Academy

Ballet Etiquette

A note on ballet etiquette from our instructors to our ballerinas and danseurs

Let's all work together to maintain a studio and class environment where everyone is respectful and all can learn, grow, and have fun!

- We address our instructors as Miss or Mr. (e.g. Miss Anna)
 - This demonstrates respect for our instructors
- Our instructors may refer to students by name or as 'Ladies' and 'Gentlemen'
 - This shows that we expect you to act as polite mannered ladies and gentlemen
- We respect our instructors and fellow dancers
 - This means we are ready to listen, learn combinations, receive corrections & compliments, and that we are quiet and attentive when waiting for our turn
- We raise our hand when we have a question or a comment
 - This helps maintain a calm and orderly environment where all can hear and learn
- We present ourselves as ballerinas and danseurs
 - We dress appropriately for class in proper dance attire
 - Girls – hair secured in a bun, dance leotard, pink tights, and pink ballet shoes
 - Boys – plain white T-shirt, black dance pants, and black ballet shoes
 - We appropriately use the dance flooring, mirrors, barres, and dance props etc.
 - Younger dancers look up to us so we act as positive examples to them at class, in the waiting areas, and during rehearsals and performances
- We acknowledge the accomplishments of our fellow dancers
 - This means when someone does well or tries extra hard, we tell them!
- We appreciate the opportunity to dance and learn
 - At the end of class we participate in a Reverence to say thank you to our instructor and fellow dancers – a Reverence is a way of celebrating and maintaining the ballet traditions of elegance and respect

This is not an all inclusive list of appropriate ballet etiquette, but a helpful summary and reminder of how ballerinas and danseurs conduct themselves. Thank you so much for giving us the opportunity to share our love of dance with you!